

The Wilson Medical Exchange



In honor of Robert Wilson, the American surgeon who stayed in Nanjing to help Chinese people during the 1937 Japanese invasion, the Wilson Medical Exchange is a three-week program in the United States designed to develop Chinese medical students **professionally** through shadowing doctors at hospitals, **culturally** by living in American homes and **personally** through leadership discussions and volunteer service.

EXCHANGE DATES

Students leave from Shanghai on January 21, 2014 and return to Shanghai on February 12, 2014.

EXCHANGE PARTNERS

The Wilson Medical Exchange is designed by City Development and Training Initiative (CDTI) in full cooperation with the International School of Education at Nanjing Medical University for the fourth year in a row. CDTI is a project of ELIC, a nonprofit education organization with over 30 years of work in China. ELIC uses education and training to improve the quality of life and relationships between China and the United States.

EXCHANGE DESCRIPTION

The Wilson Medical Exchange is designed to develop Chinese medical students in three ways. The first is to strengthen the student's medical professional skills by shadowing American doctors. Job shadowing is a common teaching technique in the United States that allows students to follow doctors as they make their rounds, and then reflect on what they learned in followup discussions with the doctors about things observed. It occurs in two locations: hospitals and doctors' offices. Hospitals in America function similarly to Chinese hospitals; they are large facilities which handle surgeries and serious illness. However, the doctors offices in the U.S. are different than those in China. They are small buildings, which often look like homes or small offices, located alongside other businesses. Most Americans first visit a doctor's office for initial diagnosis and simple treatment. It is here that students will learn the most about patient treatment. In either location, students will not practice medicine, but they are allowed to observe authentic medical practice between doctors and patients as their illness are diagnosed and treated. Not only will students see the use of advanced medical technology, they will witness the practice of medicine with concern and compassion. In the application students specify their preferred medical fields for observation. Much consideration will be given to these requests, but shadowing experiences must be determined by the program designers. All the doctors in this medical exchange have been selected not only for their medical expertise, but also their treatment of





patients with dignity and respect. This is a rare quality that cannot be learned in a textbook and sets great doctors apart from good ones.

Second, the Wilson Medical Exchange places students in homes with families. This provides the student with firsthand experience of American culture as they eat meals together and socialize in the evenings and weekends. This also allows students to continue their English practice in the world's best classroom--the home. The host families treat the students like a family member, welcoming them into normal life. There will be some special activities for the visiting students at local site seeing locations. The costs for these outings are included in the program fee.

Finally, the Wilson Medical Exchange helps students grow personally through discussions led by medical professionals to help them process their experiences, think about the role of doctors to help the city, and talk about the difficulties they will come across. The goal is for them to return to China with a deeper understanding of the role of doctors in modern society. Furthermore, students will grow personally by volunteering some of their time helping the poor and disadvantaged of society receive basic medical treatment. Many visitors to America only see the attractive destinations, but the Wilson Medical Exchange helps its students have a broader view of life in America. It is our hope that by witnessing American doctors help the poor in America that the students will return to China with of stronger vision to do the same.

EXCHANGE CITIES

Students participating in the Wilson Medical Exchange will stay in one of four locations in the southeast of the United States: Atlanta, Georgia; Augusta, Georgia; Birmingham, Alabama; and Charleston, South Carolina. These cities have been selected not only for their medical accomplishments, but, more importantly, for their medical communities which understand the values of the Wilson Medical Exchange and are willing to share their lives with medical students from China. CDTI chooses where students are placed. Because the key to the Wilson Medical Exchange success is the high-quality families and professionals, every city is equally valuable.

Atlanta, Georgia

Atlanta is one of the largest cities in the Southeast of the United States and home to over 5 million residents who live and work in the Atlanta Metro area. Atlanta is also home of one of the country's leading medical schools and hospital, Emory School of Medicine and Hospital. In addition, the country's National Center for Disease Control is headquartered in Atlanta along with other prestigious hospital centers such as Piedmont, Northside and Kennestone hospitals. Along with Emory School of Medicine, Morehouse School of Medicine and the Georgia Campus of Osteopathic Medicine are also located in Atlanta.

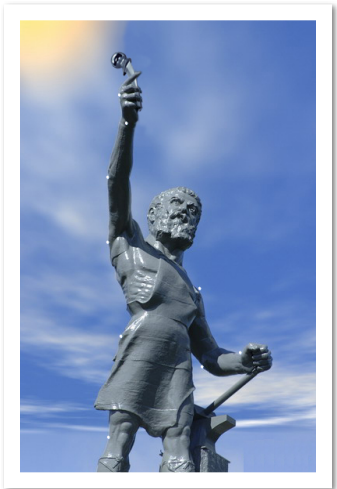


Augusta, Georgia

Augusta, the second largest city in Georgia, is home to University Health Care System which has a six-hundred and twelve bed facility that has received the National Research Corporation's Consumer Choice Award for the last twelve years. Georgia Regents University is composed of five schools: the Medical College of Georgia, College Dental Medicine, College of Nursing, College of Allied Health Sciences, and College of Graduate Studies. Its dental school is the only one in Georgia and the Medical College of Georgia is the thirteenth oldest continuous operating school in the country. In addition, its research facilities are a popular destination for Chinese medical professionals.

Birmingham, Alabama

Birmingham is a regional medical training center of high reputation. Thirty years ago, forward-thinking city leaders decided to invest in the UAB School of Medicine by hiring faculty from some of the prestigious medical centers around the country. As a result UAB is now ranked tenth in primary care in the nation. This area has attracted many other top-quality professionals in a variety of medical specialties. There are three major private hospital chains in the area with some of the top surgeons in the country as well as some top people in other medical fields. For example when professional athletes in the USA have to have knee surgery, many, if not most, come here to be operated at St Vincent's Hospital. The Dental school has also received national recognition and has state-of-the-art labs for training students and residents. There is also a physical therapy school, an optometry school, two nursing schools, a training program for physician's assistants.



Charleston, South Carolina

Charleston, is one of the most historic cities in the United States. Originally settled in 1670, Charleston was an important location in both the American Revolution and the Civil War. Nicknamed "The Holy City," Charleston's cityscape is full of historic church steeples rising above their surroundings. In 2011 Travel And Leisure magazine named Charleston "America's most friendly city" and Southern Living magazine called it "the most polite and hospitable city in America." The Charleston area has multiple beaches, many marshland and a historic downtown district. The Medical University of South Carolina (MUSC) is located in downtown Charleston. Established in 1824, it is one of the oldest continually operating schools of medicine in the United States. The university is currently made up of six colleges in the field of health professions. The college of medicine has many departments including, but not limited to: anesthesia, dermatology, family medicine, gynecology, ophthalmology, orthopedic surgery, head and neck surgery, pathology,



pediatrics, psychiatry, radiology, surgery and urology.



EXCHANGE COST

The total cost of the exchanges is ¥26,000 元. This includes:

- Visa application fees, and travel fees to the Visa interview in Shanghai.
- Round-trip airfare from Shanghai to the destination city in the United States
- All living and travel expenses while in the United States
- Admission fees for program site-seeing attractions
- CPR (cardiopulmonary resuscitation) certification

This cost does not include:

- International travel insurance
- Chest x-ray for TB and a recent flu vaccination
- Personal shopping expenses
- white gowns for shadowing (students need to bring their own)

If selected to participate in the Wilson Medical Exchange:

- a nonrefundable deposit of ¥5,000 元 is due on October 25, 2013.
- the remaining balance of ¥21,000 元 is due three days after Visa approval.

LIVING ARRANGEMENTS

Students will stay in American homes for the entire duration of their stay. Program participants may be placed together in the same home and room (same gender only), but will have their own bed. All host homes should have internet access.

REQUIREMENTS

Program participants must:

- be a third year or above undergraduate medical students, or masters-level students.
- have an upper-intermediate English level or higher.
- participate in CDTI orientation on November 16, 2013.

APPLICATION PROCESS

1. Fill out the Wilson Medical Exchange Application form in English and submit it to the NMU School of International Education by October 15, 2013.
2. Selected students will be chosen to participate in an interview on October 18, 2013. The interview measures the student's English level, reasons for joining the medical exchange and ability to adapt to life in another culture.
3. Final selection will be announced on October 21, 2013



SAMPLE SCHEDULE

The following is a tentative schedule for the three weeks in America. Due to the complexity of the doctors' schedules an exact itinerary is not possible as adjustments will need to be made to accommodate both the needs of the doctors and students to ensure the greatest possible experience.

January 21 (Tuesday)

- Depart from Shanghai
- Arrive, meet hosts and go to their homes

January 22-24 (Wednesday-Friday)

- Orientation
- Tour medical schools and hospitals
- ESL Medical Lessons or CPR Training

January 25-26 (Weekend)

- Time with families

January 27-31 (Monday-Friday)

- Medical and leadership training
- Volunteer at medical clinic
- Shadowing
- Two evenings of medical discussions
- Hockey game

February 1-2 (Weekend)

- Sightseeing
- Time with families

February 3-7 (Monday-Friday)

- Daily Shadowing
- Basketball game
- Two evenings of medical discussions

February 8-9 (Weekend)

- Time with hosts

February 10 (Monday)

- Packing

February 11 (Tuesday)

- Depart from the U.S.

February 12 (Wednesday)

- Arrive in Shanghai

CONTACT INFORMATION

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